



# **Sts. Constantine and Helena**

THE FIRST BULGARIAN SEASIDE RESORT

[www.en.visitstconstantine.bg](http://www.en.visitstconstantine.bg)





# SEA SPA CULINARY DESTINATION

## Sts. Constantine and Helena Varna | Bulgaria

BOOK DIRECTLY AND TAKE ADVANTAGE  
OF ADDITIONAL BONUSES!

**+359 700 70 799**

[www.en.visitstconstantine.bg](http://www.en.visitstconstantine.bg)



**ensana**  
AQUAHOUSE HOTEL

[www.ensanahotels.com/en/hotels/aquahouse](http://www.ensanahotels.com/en/hotels/aquahouse)



  
**ASTOR GARDEN  
HOTEL**  
Sts. Constantine and Helena Resort

[www.astorgardenhotel.com](http://www.astorgardenhotel.com)



**VILLA  
CHINKA**  
**ASTOR GARDEN  
HOTEL**  
Sts. Constantine and Helena Resort

[www.villachinka.com](http://www.villachinka.com)



**PRIMORSKI**  
HOTEL & SHOPPING CENTER

[www.hotelprimorski.com](http://www.hotelprimorski.com)



  
**AZALIA**  
HOTEL BALNEO & SPA  
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[www.azaliahotel.com](http://www.azaliahotel.com)

## SPA CENTERS:



### Health Spring SPA

Health Spring SPA in Sts. Constantine and Helena offers balneology, prevention, and rehabilitation with professional therapists and specialists in physical medicine. The center has 26 treatment rooms for procedures such as thalassotherapy, mud therapy, diathermy, pressotherapy, phonophoresis, and hydromassage. It features 5 outdoor and 6 indoor mineral pools, including hot and semi-Olympic pools.

In the thermal SPA area, there is a salt room, hammam, steam bath, aroma steam bath, sauna, and aroma sauna.

+359 52 812 030

@EnsanaAquahouse

@aquahousehotel

Ensana Aquahouse hotel



### AQUAHOUSE Thermal & Beach

AQUAHOUSE Thermal & Beach in Sts. Constantine and Helena offers balneology, SPA, wellness, and sports with 14 water facilities supplied with 46°C mineral water. The areas include a 25-meter swimming pool, therapeutic pools, Finnish sauna, beach area, thermal pools, salt room, steam bath, and children's area.

The complex features medical specialists providing a variety of therapeutic programs and SPA treatments such as electrotherapy, mud therapy, hydrotherapy, cryotherapy, and massages. There is also a restaurant offering healthy cuisine.

www.aquahouse.bg

+359 52 812 812

@AquahouseThermal

@aquahousethermal

Aquahouse Thermal & Beach



### Medical SPA Center Azalia

Medical SPA Center Azalia offers a variety of health and relaxation programs, including balneotherapy, mud therapy, arthrorheumatic, relaxing, and anti-aging therapies. A professional team of therapists and rehabilitators selects suitable programs after a medical examination.

Guests can choose from 3, 5, 7, or more day programs, including therapeutic mud, hydrotherapy, pressotherapy, electrotherapy, massages, and pearl baths. Hotel Azalia features outdoor and indoor mineral pools, a sauna, steam bath, and fitness center.

+359 52 358 955

@azaliahotel

@hotel\_azalia

Azalia hotel Balneo & SPA



### SPA Center Astor Garden

The SPA center at Astor Garden Hotel is a place for tranquility and relaxation with carefully selected health and beauty treatments. The complex features 3 outdoor pools (swimming, children's, and warm mineral) and an indoor mineral pool.

Guests can enjoy a sauna, steam bath, tangential bath, SPA therapies, therapeutic massages, and treatments. The SPA center also has a well-equipped fitness room to maintain fitness and tone.

@AstorGardenHotel

@astorgardenhotel

Astor Garden Hotel





**Explore all SPA  
centers here:**

[www.en.visitstconstantine.bg/health-and-spa](http://www.en.visitstconstantine.bg/health-and-spa)



## RESTAURANTS:

The best culinary experiences in the complex area await you!



**Monty**  
Restaurant

[www.en.montyrestaurant.com](http://www.en.montyrestaurant.com)

+359 88 843 5336

@MontyRestaurant

@montyrestaurant

Astor Garden hotel

### Monty

**A culinary temptation in the heart of the first Bulgarian seaside resort, Saints Constantine and Helena.**

A new perspective on traditional recipes from Bulgarian and European cuisine. Author's proposals that surprise with their exceptional presentation. Art on a plate – that's the cuisine of Monty restaurant. A place where every dinner is a special event and a culinary celebration.



**Kampai**  
Restaurant

+359 52 812 015

@KampaiRestaurant

@kampai.varna

Ensana Aquahouse hotel

### Kampai Restaurant Asian Fusion Restaurant

Embark on a culinary journey through Asia. Immerse yourself in a variety of Asian culinary experiences and traditional sushi. Experience food as an emotion with all your senses.

[www.ensanahotels.com/bg/hotels/aquahouse/cuisine](http://www.ensanahotels.com/bg/hotels/aquahouse/cuisine)



**VILLA CHINKA**  
Restaurant

[www.villachinka.com](http://www.villachinka.com)

+359 882 002 003

@villachinka

@villachinka

VillaChinka

### Villa Chinka Restaurant Italian chic & Mediterranean taste.

A year-round culinary concept combining the freshness and flavors of seasonal produce from traditional Bulgarian recipes with accents from Mediterranean cuisine. A signature style presented with chic & taste.



**The Bay**  
Fish & BBQ

[www.thebay.bg](http://www.thebay.bg)

+359 887 003 003

@theBay

@the.bay.varna

### The Bay - The Bay Beach & BBQ Where the sky kisses the sea.

One of the most beautiful places in the resort, where you can combine the beach with excellent cuisine. You will find it in the tranquility of the small bay in the resort complex, right on the shore – awaiting the sunrise and bidding farewell to the sunset. The coolness of the stone lounges, the coziness of the bar, and the picturesque beach will make you never want to leave or sail away! You simply must see how the sky kisses the sea!



**MORE**  
beach restaurant

+359 884 606 090

@MORE.beach.restaurant

@more.beach.restaurant

### MORE beach restaurant Where the sunset embraces the sea.

The restaurant preserves old tricks for a rich and diverse catch. It knows where to find the freshest langoustines. It masters the finest techniques for salting fresh fish. And it prepares all these delicacies in exceptionally delicious variations. Ah, that soup of mullet, whiting, and sea bass... Or perhaps the fried sea bream with roasted potatoes and marjoram!



### Salvia Italian Lounge

Salvia is a warmer and more welcoming space, characterized by a cozy interior with exposed brick walls, comfortable seating areas, and soft lighting, creating a cozy atmosphere.

+359 52 812 002

@EnsanaAquahouse

@aquahousehotel

Ensana Aquahouse hotel



www.villamare.bg

### Villa Mare

In the heart of the greenest and most peaceful Black Sea resort, Saints Constantine and Helena, Villa Mare restaurant stands out with its sophistication and boutique atmosphere. We have created a year-round, elegant location and a touching place with an aesthetic culinary sense. With attention and love, we have selected flavors from around the world that form appetizing and memorable memories in a comfortable and beloved setting.

+359 887 551 551

@villamarebg

@villamarebg



### Small City Cafe

Small City Cafe will charm you with delicious food in a pleasant atmosphere during the day, and in the evening, you can enjoy aperitifs with light snacks and good music.

+359 879 202 302

@SmallCityCafe

@small.city.cafe

Primorski



### Capriccio Restaurant

Capriccio restaurant will delight you with a plethora of delicacies, excellent service, and a pleasant atmosphere. We look forward to welcoming you!

+359 899 913 222

@CAPRICCIO-RESTAURANT

@restaurantcapriccio

Primorski



### Pechkata - View & Barbeque - St. Constantine & Helena

Restaurant "Pechkata," where dishes are inspired by Bulgarian cuisine, childhood memories, flavors, and the coziness of a rural house. Where Uncle Mitko makes the brine for the fish soup, and Aunt Margo kneads the dough for the traditional pastries. The small fish is from the Black Sea and is cooked only in a pan, the cheese is from the Rhodope Mountains, and the pickled cucumbers are sun-marinated - according to an old recipe.

+359 889 900 100

@PechkataVarna

@pechkata

Astor Garden Beach

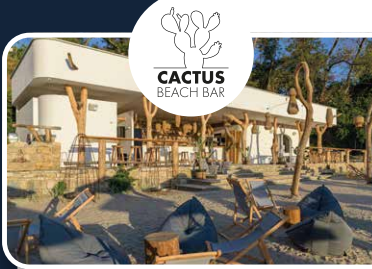
[www.en.visitstconstantine.bg/restaurants](http://www.en.visitstconstantine.bg/restaurants)





## BEACH BARS:

Suitable places for excellent cocktails and beach relaxation.



### Cactus Beach Bar

Cactus Beach Bar, located on the beach of Ensana Aquahouse, is here to fill you with positive emotions. The incredible signature cocktails, soft sands, and crystal-clear water will turn your day at the beach into an unforgettable experience.

[www.ensanahotels.com/bg/hotels/aquahouse](http://www.ensanahotels.com/bg/hotels/aquahouse)



### Radjana Beach

You can enjoy a modern and spacious sandy beach, crystal clear waters, delicious food, refreshing drinks, and plenty of entertainment.

+359 888 409 000

@radjanabeach

@radjanabeach



### La Terrasse de la Vague Bar

Cozy and seaside! La Terrasse de la Vague has 50 seats and an extensive lounge & relaxation area, offering stunning sea views! The new favorite spot for drinks and dreams.

+359 899 838 827

La Terrace De La Vague

@laterracedelavague

## FAST FOOD:



### Lena Pavilion

**Inspiration and surrounding freshness.**

Among the gardens of Astor Garden Hotel, you'll find a charming corner to relax. This place will envelop you with coziness and inspiration just a step away from the outdoor pools.

+359 52 817 703

[www.astorgardenhotel.com/venues](http://www.astorgardenhotel.com/venues)

Astor Garden hotel



### So Fresh

A chain of establishments for healthy and balanced eating in the fast-paced daily life.

+359 879 277 266

@sofresh.BG

@sofreshbg

Primorski

**TASCA**

### Tasca

If you love delicious and quality food, TASCA is the place to be! Here, you'll get a warm lunch, fresh salad, refreshing drink, and a friendly smile. You'll feel right at home.

+359 876 340 008

@tasca1306

Primorski

## COFFEE SHOPS:

**Raffy**  
bar & gelato

### Café Raffy

A chain offering ice cream, waffles, and other sweet temptations. Café - confectionery.

+359 897 481 807

Primorski

**SWEET BOX**

### Sweet Box

Head over to Sweet Box for a rich variety of desserts and high-quality beverages. Immerse yourself in a cozy atmosphere and indulge in unforgettable sweet temptations during your stroll.

Primorski

**SMALL CITY**

### Small City

Small City Café is the place where you'll feel right at home. A lavish all-day brunch is offered, along with appetizing dishes from around the world, great coffee, and fresh cocktails.

+359 879 202 302

@SmallCityCafe

@small.city.cafe

Primorski

**COSTA**  
COFFEE

### COSTA

Enjoy a pleasant time with a variety of high-quality coffee, beverages, and fresh pastries - the perfect place for a short break during your tourist adventure.

SMALL RING

**Marmalad World**  
café & pasticceria

### Marmalad Coffee & Gelato

On the terrace with a beautiful view of the #sea, we await you to enjoy our desserts - chocolate and fruit cakes, biscuit temptations, exotic flavors, cheesecakes, and much more...

Don't miss out on trying the taste of authentic Italian gelato, which we prepare especially for you.

+359 88 466 6711

[www.marmalad.bg/marmalad-coffe-gelato](http://www.marmalad.bg/marmalad-coffe-gelato)

Vila Chinka



## BEACHES:



### The Bay Beach

A picturesque beach where you can relax with good music, signature cocktails from Cactus Beach Bar, and delicious food from The Bay restaurant.



### MORE Beach

The newest addition to the beach strip in Sts. Constantine and Helena. Here you can enjoy the beautiful sea view and the excellent cuisine at MORE restaurant.



### Radjana Beach

An exclusive seaside spot with a wonderful beach, clean waters, refreshing drinks, and a selection of beach events throughout the summer season.



### Astor Garden Beach

Sun, sea breeze, and fine sand – on this beach, you can enjoy the tranquil blue of the sea as well as delicious food from the "Pechkata" restaurant.



### Azalia Beach

The beach at Hotel Azalia will charm you with its spaciousness, refreshing drinks, and delicious food.



### Sahara Beach

Golden sand, as if brought from the Sahara, turquoise waters, and a relaxing atmosphere – perfect for escaping everyday life.



### Verdi Beach

You will be charmed by its sea-blue umbrellas, comfortable loungers, and the opportunity to immerse yourself in a beachside jacuzzi.

# TRADE CENTERS:

## PRIMORSKI

HOTEL & SHOPPING CENTER

In the "Primorski" Hotel & Shopping Center, you can find a variety of shops and establishments, conveniently located with covered paid parking.

**Working time: 08:00 – 22:00 | every day**

[www.hotelprimorski.com](http://www.hotelprimorski.com)



 **+359 52 663 760**

 **@hotelprimorski**

 **@hotelprimorski**

## SMALL RING SHOPPING CENTER

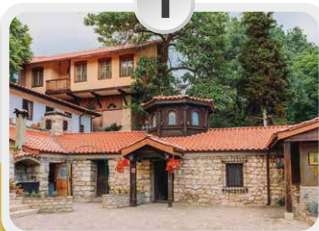
The SMALL RING shopping center is located in close proximity to the Ensana Aquahouse hotel. The center features various retail outlets.







1



The Monastery of Sts.  
Constantine and Helena

2



The bas-relief of Assoc. Prof.  
Dr. Stamat Stamatov

3



Spring with  
mineral water

4



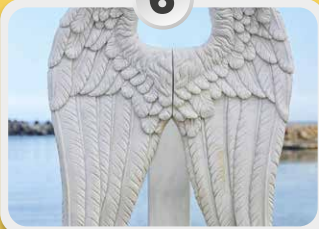
The Alley  
of Sculptures

5



The stone throne  
near Villa Chinka

6



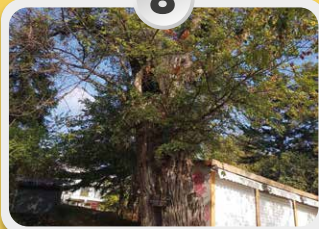
Angel wings at  
More Beach

7



The cross at the pier

8



The oldest tree  
in the resort